Synergistic effects of parabens and plastic nanoparticles on proliferation of human breast cancer cells

Roje, Željka; Ilić, Krunoslav; Galić, Emerik; Pavičić, Ivan; Turčić, Petra; Stanec, Zdenko; Vinković Vrček, Ivana

Source / Izvornik: Arhiv za higijenu rada i toksikologiju, 2019, 70, 310 - 314

Journal article, Published version
Rad u časopisu, Objavljena verzija rada (izdavačev PDF)

https://doi.org/10.2478/aiht-2019-70-3372

Permanent link / Trajna poveznica: https://urn.nsk.hr/urn:nbn:hr:163:808161

Rights / Prava: In copyright

Download date / Datum preuzimanja: 2020-10-31

Repository / Repozitorij:

Repository of Faculty of Pharmacy and Biochemistry University of Zagreb - Diplomski radovi Farmaceutsko-biokemijskog fakulteta
Synergistic effects of parabens and plastic nanoparticles on proliferation of human breast cancer cells

Željka Roje1*, Krunoslav Ilić2*, Emerik Galić2, Ivan Pavičić2, Petra Turčić3, Zdenko Stanec4, and Ivana Vinković Vrček2

1 Department for Plastic, Reconstructive and Aesthetic Surgery, University Hospital Dubrava, Zagreb, Croatia
2 Institute for Medical Research and Occupational Health, Zagreb, Croatia
3 Faculty of Pharmacy and Biochemistry, University of Zagreb, Zagreb, Croatia
4 School of Medicine, University of Zagreb, Zagreb, Croatia

[Received in November 2019; Similarity Check in November 2019; Accepted in December 2019]

Many personal care products on the market contain endocrine disrupting chemicals, including parabens. Parabens are well known chemical additives used as preservatives. They have been found in mammary glands and breast cancer tissues. At the same time, the general public is increasingly exposed to plastic micro- and nanoparticles generated during plastic production and waste disposal. Exposure to chemical cocktails is a realistic scenario of high public health interest, in which many types of compounds such as these two may exhibit synergistic or additive adverse effects. This study evaluated the effects of plastic nanoparticles, parabens, and their mixture on the viability and proliferation of two human breast cancer cell lines: MDA-MB 231, which lacks oestrogen receptors, and MCF-7, which expresses these receptors. Parabens increased proliferation of oestrogen-sensitive breast cancer cells, and this effect became synergistic in the presence of plastic nanoparticles. The mechanism behind synergy may be related to the translocation and adsorption properties of nanoplastics, which served as a Trojan horse to expose cells to parabens more efficiently. These preliminary findings support growing evidence warning about the urgent problem of human exposure to combinations of plastic waste and contingent chemicals.

KEY WORDS: endocrine disrupting chemicals; chemical cocktails; MCF-7; MDA-MB 231; risk assessment; viability

Even though European Chemical Agency’s regulation REACH (1) has done a lot to improve the protection of human health and the environment from the risks posed by chemicals, about 30 % still does not comply to this regulation. Among them, of particular concern are endocrine disrupting chemicals (EDCs), defined by the World Health Organization (WHO) as “exogenous substances or mixtures that influence the endocrine system and cause adverse health effects in an intact organism, or its progeny, or (sub) populations” (3). Little is still known about the presence of EDCs in consumer products and exposure levels for the general population. To address this issue, the European Commission has recently published a communication on EDCs, announcing intention to establish a horizontal approach to identifying EDCs across all relevant EU legislation (4). At the same time, Health and Environment Alliance calls for an urgent EU action plan to save billions of euros in health-related costs on yearly basis (5). Until well-defined and clear action plan on EDCs is delivered, the only relevant tool to be employed for regulating EDCs is the precautionary principle, which should be based on early warnings, as highlighted by the European Environment Agency (6).

The most known and studied EDCs are phthalates, parabens, and bisphenol A, present in a wide range of products used by the general population, such as food, drinks, pharmaceuticals, personal care products, or packaging materials. Oestrogenic activity of parabens was first reported almost 20 years ago (7). Since then, a vast number of research has evidenced different modes of paraben action, including their ability to reach blood and different tissues, their binding affinity to oestrogen receptors, their potential to trigger the growth of oestrogen-responsive breast cancer, or their impact on male reproductive function (8–11). Considering that most personal care products on the market contain parabens as preservatives, and that parabens have been found in mammary glands and breast cancer tissues (12), there is continuous interest to elucidate adverse outcome pathways of parabens or chemical mixtures containing them in humans (13).

Particular interest has been focused on realistic scenarios of exposure to chemical cocktails in which many types of EDCs act together with other types of chemicals (9). One such scenario is exposure to plastic debris that originates from plastic waste. This is an alarming environmental and health issue in itself, but also from the...
hormone-disrupting point of view, as most plastics release EDCs (14). Enormous global production and use of plastics has been responsible for the pollution of environment with tens of millions of tonnes of plastic waste that gradually degrades into micro- and nanoparticles (15). Recent reports estimate that trillions of plastic particles lie on the surface of the oceans (16). Humans are exposed to these plastic micro- or nanoparticles through different routes such as food, drinking water, or personal care products of cosmetic industry, which contain plastic particles by design (17). The aim of this study, preliminary in its character, was therefore to evaluate the effects of parabens and plastic nanoparticles, separately and in combination, on the viability and proliferation of two cell lines derived from human breast adenocarcinoma: the highly aggressive and poorly differentiated MDA-MB 231, which lacks HER2, progesterone, and oestrogen receptors, and MCF-7, a more differentiated cell line, morphologically similar to mammary epithelium, which expresses progesterone receptor and oestrogen receptor alpha (ERα). The cells were treated with polystyrene nanoparticles (PSNP) or a mixture of methyl-, ethyl, propyl- and butylparaben (PBmix), or a cocktail of PSNP and PBmix. The choice of both was based on the plethora of already published findings of their separate action in vitro. With our preliminary data we hoped to complement the existing early warnings about the urgent issue of increasing human exposure to plastic waste and contingent chemicals.

MATERIALS AND METHODS

Reagents

Dulbecco’s Modified Eagle’s Medium (DMEM), phosphate-buffered saline (PBS), bovine serum albumin (BSA), Triton X-100, ethanol, methylparaben, ethylparaben, n-propylparaben, and n-butylparaben were obtained from Sigma Chemical Co. (Darmstadt, Germany). Foetal bovine serum (FBS, heat inactivated), penicillin, streptomycin, and trypsin-EDTA were obtained from PAA Laboratories GmbH (Colbe, Germany). Stock solution of the paraben mixture was prepared by dissolving each paraben in absolute ethanol (Colbe, Germany). Stock solution of the paraben mixture was prepared by dissolving each paraben in absolute ethanol. The final tested concentrations in the wells were 1, 10, and 100 µg/mL for PSNP and 0.01, 0.1, and 1 µg/mL for the PBmix. The PSNP + PBmix cocktails contained the same concentrations of the two components as described above.

For the viability assay we used two controls. The positive control consisted of cells treated with 1 % Triton X-100 and the negative control of cells treated with sterile PBS (PSNP solvent) and ethanol (PBmix solvent) in the same volumes that were used for PSNP or PBmix treatment.

For the proliferation assay, cells treated with 10 % DMSO served as positive control for inhibited cell proliferation (without complete cell disintegration as with Triton X-100) and negative controls were the same as in the viability assay.

Plates were then incubated at 37 °C and 5 % CO₂ for 24 h to allow cell attachment. The following day, culture medium was removed from the wells and replaced with a fresh one. Cells were then treated with PBmix, PSNP, or the PBmix + PSNP cocktail. The final tested concentrations in the wells were 1, 10, and 100 µg/mL for PSNP and 0.01, 0.1, and 1 µg/mL for the PBmix. The PSNP + PBmix cocktails contained the same concentrations of the two components as described above.

Cell viability assay

Metabolic activity in treated cells was determined with the CellTiter 96® AQueous One Solution Cell Proliferation Assay, which is based on the reduction of the yellow tetrazolium salt MTS (3-(4,5-dimethylthiazol-2-yl)-5(3-carboxymethoxyphenyl)-2-(4-sulphophenyl)-2H-tetrazolium) to formazan. The amount of produced formazan was measured by light absorbance at 490 nm on a spectrophotometer, and is proportional to the number of viable cells. MDA-MB 231 and MCF-7 cells were plated and treated as described above. At the end of 24 h treatment, the medium from each well was removed by aspiration and cells were washed three times with 200 µL of PBS per well. Fresh culture medium was then added, followed by MTS reagent solution. After 3 h of incubation at 37 °C and 5 % CO₂, absorbance was read at 490 nm on a Victor 3 Multilabel Plate Reader (PerkinElmer Inc., Waltham, MA, USA).
and normalised to control cell absorbance values (A490\textsubscript{sample}/A490\textsubscript{control} × 100 %) to obtain the percentages of cell viability for each treatment group, expressed as means and standard deviations (mean ± SD).

**Proliferation assay**

Proliferation of MDA-MB 231 and MCF-7 cells was quantified with a Muse\textsuperscript{®} Ki67 Proliferation Kit. The percentage of proliferating cells was determined by fluorescent labelling of the Ki-67 protein, a nuclear antigen used as a marker of proliferation. Cells were plated and treated with PSNP or PBmix as described above, after which they were incubated at 37 °C and 5 % CO\textsubscript{2} for 5 days. After incubation, culture medium was removed from the wells, cells washed twice with sterile PBS, and 0.25 % trypsin-EDTA solution added to detach the cells. After 5 min of incubation at 37 °C and 5 % CO\textsubscript{2}, fresh culture medium was added to inactivate trypsin, and cells collected in 2 mL Eppendorf tubes. Cells were then labelled using the Ki67 Proliferation Kit according to manufacturer’s instructions and were acquired on Muse Cell Analyzer (Luminex Corporation, Madison, Wisconsin, USA). Unstained control cells were used for gating to determine the percentage of proliferating, Ki67-positive cells in the samples. Means and standard deviations were calculated from percentages of viability. Percentages of proliferating (Ki67 positive) cells were used to calculate means ± SD for each treatment.

**Statistical analysis**

For statistical analysis we used the GraphPad Prism 6.0 software (San Diego, CA, USA) to run one-way ANOVA followed by Dunnett’s multiple comparison test to compare mean values of individual treatments with control means. Significance threshold was set at P<0.05.

---

**RESULTS AND DISCUSSION**

Cell viability results (Figure 1) showed a dose-dependent drop in the cell viability of MDA-MB 231 cells treated separately with PBmix or PSNP or their combination. Although this drop crossed the threshold of statistical significance in all combined treatments, only the treatment with 1 µg/mL PBmix combined with 10 or 100 µg/mL PSNP resulted in viability loss above 80 %, which is conventionally considered the biologically significant threshold. Therefore, only the PBmix + PSNP cocktail was able to significantly decrease cell viability of MDA-MB 231 cells. However, this was not a clear sign of their cytotoxicity, as we did not measure the number of dead cells or establish the mechanism of cell death, but focused on the number of metabolically active cells.

In contrast, MCF-7 cells showed a consistent increase in cell viability when treated separately with PSNP or PBmix, as well as with the combination of 0.01 µg/mL PBs + 100 µg/mL PSNP. Higher concentrations of PBmix or PSNP in the combination did not induce any significant changes in cell viability. These results point to the possibility of stimulated cell proliferation, which was further explored with the Ki-67 assay.

Cell proliferation findings underscore the differences between MCF-7 and MDA-MB 231 cells in response to combined PBmix + PSNP treatment (Figure 2). The percentages of proliferating (Ki67-positive) MDA-MB 231 cells dropped in all treatments (PBmix, PSNP, and PBmix + PSNP cocktails) compared to control cells, but the drop was significant only for the PBmix concentration of 1 µg/mL. As in cell viability, MCF-7 cells again showed opposite findings, that is, a dose-dependent increase in cell proliferation after treatment with PBmix, but this increase was not significant. Treatment with PSNPs alone did not
increase cell proliferation compared to controls. Considering the differences in cell surface receptors between the two cell lines and the well-known interactions between parabens and oestrogen receptors, these results were expected.

The most interesting findings were obtained with the PBmix + PSNP combinations. The percentages of proliferating (Ki67-positive) cells increased significantly and more than doubled at the highest PSNP concentrations, irrespective of the PBmix concentrations (Figure 2). These observations indicated that the proliferation activity of PBmix in oestrogen-sensitive breast cancer cells was synergistically driven by the presence of PSNP. A mechanism that stands behind it could be related to the translocation and adsorption properties of PSNP, acting like a Trojan horse to expose cells to parabens more efficiently. Exposure to a chemical cocktail such as this is therefore expected to promote proliferation of oestrogen-sensitive cells and greatly contribute to the development of breast cancer.

CONCLUSION

This preliminary study warns against the risks of synergistic effects of chemical cocktails containing plastics nanoparticles and EDCs on proliferation of human breast cancer cells, which calls for a clearly defined action plan for risk management of EDCs and plastic waste at the global level. Risk assessment of exposure to chemical mixtures reflects real-life scenarios, but experimental evaluation of all possible combinations is almost impossible. Our knowledge may therefore benefit from simulating these combinations with advanced mathematical and statistical models based on results obtained for simpler mixtures. To achieve this objective, more research is needed to unveil the mechanisms behind mixture effects and to carefully consider all types of chemicals that should be included in a given risk assessment of EDCs.

Conflicts of interest

None to declare.

Acknowledgements

We wish to thank the Croatian Science Foundation for financial support of this work (grant No. HRZZ-IP-2016-06-2436). The authors are grateful to Dr Adela Krivohlavek from the Andrija Štampar Teaching Institute of Public Health for help in purchasing parabens.

REFERENCES

4. European Commission. Communication from the commission to the european parliament, the council, the european economic and social committee and the committee of the regions. Towards a comprehensive European Union framework on endocrine disruptors [displayed 23 November 2019]. Available at https://eur-lex.europa.eu/legal-content/EN/ALL/?uri=CELEX%3A52015DC0614

### Sinergistički učinak parabena i plastike na proliferaciju humanih stanica raka dojke